



Rhodes River Ranch presents:

Rider's Seat Clinic

With Tom Nagel

Author of Zen & Horseback Riding

March 4, 5 and 6, 2009: 3-day Rider's Seat Clinic

3-day Rider \$640
Register by February 15 \$525

3-day Non-rider \$480
Register by February 15 \$400

Included:	Not Included:
Continental Breakfasts	Housing
Lunches	Dinners (\$12 / meal – RSVP ahead)
School Horses (first come, first serve)	Horse Board (\$15/day)

Daily itinerary:

As a Rider:

Daily unmounted/classroom work with Tom
Applying the principles of posture, breath and awareness
Group lesson from Tom applying the principles to riding horses

As a Non-rider:

Daily unmounted/classroom work with Tom
Applying the principles of posture, breath and awareness
Option to observe Rider lessons

Related Bodywork:

Rider's Tune-Up Bodywork Session available with private scheduling.

**Space is Limited to a Total of 12 Riders!!!
Call NOW to reserve your space.**

Centered Riding® New Instructor Clinic
scheduled for Mon-Thurs the following week

For more information:

Email jean@rhodesriverranch.com or call Rhodes River Ranch at 360-474-8313.

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